

FIELD GOALS

Purpose: improves line of delivery

Equipment: Kleenex boxes, plastic cups or sponges

Place a pair of sponges along the line of delivery just beyond the hog line, about a foot to either side of centre. Leave about 1.5 feet between the sponges.

Take two slides recording which, if any, of the sponges were touched. Replace all sponges moved. After two slides, relocate the sponges to the centre line and repeat. After two slides at that location move the sponges to the other side of the centre line and repeat. In total, there will be six slides.

Score of 2 points for successfully delivering the stone between the sponges without touching either. If curler can also slide between the sponges without disturbing either, add a bonus of 2 points. Maximum is 24 points.