



## OVERVIEW

This is a fun and positive 1-day camp for young athletes to play, have fun, learn, and improve in the sport of curling. This camp will consist of individual and team instruction. It will provide a chance for athletes to work on all of the fundamental skills of curling.



## SKILLS & DRILLS

- Delivery Analysis
- Hack Setup
- Line of Delivery
- Proper Release Mechanics
- Sweeping Fundamentals
- Practice Drills
- U15 Singles



## INFORMATION

**When:**  
Sunday December 18, 2022

**Where:**  
Charleswood Curling Club

**Time:**  
10:00am - 4:00pm

**Fee:**  
\$60.00/person + GST

**Deadline:**  
December 13, 2022