







CurlManitoba 2025-2026 RULES SUPPLEMENT











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Code of Ethics Curlers, Coaches, Umpires

To ensure that all curlers are aware of their responsibilities when playing the game of curling the following Code of Ethics is an official supplement to the Rules of Curling.

Curlers' Code of Conduct

- I will play the game with a spirit of good sportsmanship.
- I will conduct myself in an honourable manner both on and off the ice.
- I will never knowingly break a rule, but if I do, I will divulge the breach.
- I will take no action that can be interpreted as an attempt to intimidate or demean my opponents, teammates, or umpires.
- I will interpret the rules in an impartial manner, always keeping in mind that the purpose of the rules is to ensure that the game is played in an orderly and fair manner.
- I will humbly accept any penalty that the governing body at any level of curling deems appropriate, if I am found in violation of the Code of Ethics or Rules of the Game.

Coaching Code of Ethics

- The coach will act with integrity in performing all duties owed to athletes, the sport, other members of the coaching profession and the public.
- The coach shall strive to be well prepared and current in order that all duties in their discipline are fulfilled with competence.
- The coach shall act in the best interest of the athlete's development as a whole person.
- The coach shall accept both the letter and the spirit of the rules that define and govern the sport.
- The coach shall accept the role of umpires in providing judgement to ensure that competitions are conducted fairly and in accordance with the established rules.
- The coach's conduct toward other coaches shall be characterized by courtesy, good faith and respect.
- The coach shall maintain the highest standards of personal conduct and support the principles of Fair Play.

Umpiring Code of Ethics

- The role of umpires in curling is different than in many other sports in that we are there to ensure a level playing field of the competition, rather than to control the play. Curling umpires give freely of their time and training for the love of the sport.
- In the name of all the competitors, the umpires promise that we shall take part in the games, respecting and abiding by the rules, which govern them, committing ourselves to a sport in the true spirit of sportsmanship, for the glory of the sport and the honour of the teams.
- Umpires strongly believe in teamwork to ensure championships run smoothly.
- Each time we finish a championship, we hope it is not our last. We like what we do, and we hope we do make a difference. Curling has been good to us and this is our way of giving back.

Fair Play

- Fair Play begins with the strict observance of the written rule; however, in most cases, Fair Play involves something more than even unfailing observance of the written rule. The observance of the spirit of the rules, whether written or unwritten, is important.
- Fair Play results from measuring up to one's own moral standards while engaged in competition.
- Fair Play is consistent demonstration of respect for teammates and opponents, whether they are winning or losing.
- Fair Play is consistent demonstration of respect for umpires, an acceptance of their decisions and a steadfast spirit of collaboration with them.
- Sportsmanlike behaviour should be demonstrated both on and off the ice. This includes modesty in victory and composure in defeat.

CURLMANITOBA JURISDICTION

CurlManitoba shall govern all competitions leading to and including Provincial Championships.

In all matters, the decision of CurlManitoba shall be final.

CurlManitoba is the rule and policy decision forum for Provincial Championships and Provincial Qualifying events.

It remains the responsibility of the players and coaches to read and adhere to the rules of curling published by Curling Canada and the Competitors Guide.

Any questions should be directed to CurlManitoba.

Refund Policy

Electronic Entry

- The deadline date for electronic entry is also the deadline for withdrawing from the competition.
- Until the deadline date, a full refund will be issued but once the deadline passes NO refund will be issued.
- Full refunds will be issued if CurlManitoba cancels any event.

CurlManitoba Programs

- Full refunds will be issued if CurlManitoba cancels a program.
- If a participant withdraws from any program five or more working days prior to the start date, a full refund less \$30.00 administration fee will be issued.
- Four days or less no refund will be issued without a valid medical certificate or in extenuating circumstances, which are at the discretion of CurlManitoba.

CurlManitoba

These general rules apply to all Regional Qualifiers, Berth Bonspiels, Manitoba Open and Provincial Championships.

Bonspiels with a Berth are NON-CurlManitoba events except the Manitoba Open.

All CurlManitoba member clubs MUST be a member in good standing with CurlManitoba NO LATER than December 15, 2025.

Manitoba Curling Club lists are to be submitted, with the required membership demographics, by December 15, 2025. Should a club not be a member or not have submitted their list by December 15, 2025 their members will be ineligible to compete in CurlManitoba qualifying and provincial events for the 2025- 2026 season.

If a team or player needs to join another club, which is in good standing, the team or player will be given until January 31, 2026.

All CurlManitoba Rules Supplement, General Competitor Guide and Event Specific Guide information will supersede the General Rules of Play published by Curling Canada.

The CurlManitoba Rules Supplement and the CurlManitoba Competitor Guide governs all CurlManitoba Provincial Championships and qualifying events.

The General Rules of Curling as published by Curling Canada shall govern all matters not dealt with in the CurlManitoba Rule Supplement and the CurlManitoba's Competitor Guide.

Curling Clubs may have their own rules, for their own leagues and their bonspiels with a berth, which will supersede all General Rules of Play published by Curling Canada and/or CurlManitoba Rules Supplement and CurlManitoba Competitor Guide.

TERMS

The Manitoba Curling Association Inc. shall be referred to as **CurlManitoba**. The Canadian Curling Association shall be referred to as **Curling Canada**.

APPLICATION

All competitions leading up to and including the Provincial Championship shall be played under CurlManitoba's Rule Supplement, CurlManitoba's Competitor Guide and the General Rules of Curling as published by Curling Canada. In case of a conflict, any special rules shall take precedence.

ALCOHOL

The consumption of alcohol by athletes, coaches and umpires is not permitted at Youth Events, U18 Events and Junior Events.

CurlManitoba General Rules of Play

CurlManitoba reserves the right to alter any CurlManitoba draw

- At the scheduled time for games to begin, the CurlManitoba Representative shall ring a bell to signify the start of the game. If a team is unable to commence play at the designated time, it shall be assessed the following penalty:
 - If the delay of the start of play is 1-15 minutes, then the non-offending team receives one point after one minute and will have last stone in the first end of actual play. One end is considered complete.
 - If the delay of the start of play is 16-30 minutes, then the non-offending team receives one additional point after 16 minutes and will have last stone in the first end of actual play. Two ends will be considered completed.
 - If play has not started after 30 minutes, then the non-offending team is declared the winner by forfeit with a score of 2-0.
- 2. All Games will be 8 ends, except:

Women's CompetitionMen's Competitions10 end games10 end games

3. The bell indicates that the end in progress shall be completed and one more shall be played.

8 end games:

A bell will ring at 1 hour and 50 minutes, which indicates to finish the end and play one more. EXCEPTIONS: All Masters events will have a 2 hour bell which indicates the last end of the game.

Juniors, U18, Manitoba Games and Canada games are on ice coaching

10 End games:

A bell will ring at 2 hours and 15 minutes, which indicates to finish the end and play one more. Manitoba Open and Manitoba HALFspiel:

A bell will ring at 1 hour and 45 minutes.

Mixed Doubles:

A bell will ring at 1 hour and 20 minutes.

- 4. An end is considered complete and the next end is in progress when the final stone of the end has reached the delivery end t-line.
- 5. Unless specified, a game may be conceded at any time by the losing team:
 - No points will be counted for an incomplete end when both teams still have stones to be delivered.
 - No points are awarded when one team has delivered all their stones and have stones counting.
 - If one team has delivered all their stones and the other team has a stone remaining and is counting, points will be awarded accordingly.
- 6. A team may start any game with three players except in 4 person Mixed competitions.
 - A player who has left a game because of illness, accident or other extenuating circumstances may rejoin their team.
 - A player may enter a game between ends or during an end already in progress,
 providing they are able to deliver a stone (of the player who is leaving) within the team's established delivery rotation.
 - The alternate player replaces the sidelined player for the end they leave.
 - At the beginning of the next end, the alternate player may deliver stones in any position
 of the delivery rotation of their team. The team **must** re-declare their delivery rotation
 including the skip and vice-skip.

- Otherwise, no change in position played shall be made once the game has commenced.
- 7. Teams must play with the stones provided and the colour chosen on the sheet assigned. Under no circumstances can stones be moved from one sheet to another.
- 8. In the event of any disagreement between skips at either a berth bonspiel or at a regional qualifier, the Event Representative shall be consulted. The Event Representative shall call the On Call Umpire if they cannot make a decision.

 In the event of any disagreement between skips at any CurlManitoba Championship, the Umpire shall be consulted.
- 9. In the event of a tie, the game is to proceed until a point is scored to decide the winner. Play will continue in the normal end rotation.
- 10. Should any emergency arise during the time of a CurlManitoba event, CurlManitoba may change the CurlManitoba General Bonspiel Rules.
- 11. To be eligible for a berth in any CurlManitoba event a team must have won a minimum of one game during the event. EXCEPTION: North Sport Region
- 12. If a Berth Bonspiel with 2 Berths allotted (Men and Women) has 8 teams or more, the event will award 2 Berths. If the Berth Bonspiel has 4-7 teams, the event will award 1 berth and the other berth will revert to the Regional Qualifier pool. If the Berth Bonspiel has less than 4 teams the event will be cancelled.
- 13. All teams advancing to a Provincial Championship must have at least three players that participated at the qualifying event in which the team earned their berth to a Championship. Each of those three players MUST be present and play in the Championship.
- 14. It is at the discretion of each club to decide whom they will accept as associate or regular members of their club. Such decisions must be made and a member list must be submitted to CurlManitoba by December 15th, 2025 to allow those individuals to be eligible to play in Provincial Championships.
- 15. No ice preparation shall occur during the course of a game at any CurlManitoba event.

EXCEPTION: Provincial Championships where the ice may be mopped during the 4th/5th end break

If, prior to the delivery of the sixth stone of an end, a delivered stone causes, either directly or indirectly, an opposition stone in the Free Guard Zone (FGZ) which is touching the centre line to be moved to an off-centre line position or to a position outside the FGZ, the non-offending team has the option to:

- (i) Remove the delivered stone from play, and replace all stones that were displaced to their positions prior to the violation taking place; or
- (ii) Leave all stones where they came to rest.

The Rule does not apply to Mixed Doubles or Wheelchair.

CurlManitoba will follow all Curling Canada rules unless indicated in the CurlManitoba Rule Supplement General Competitors Guide Event Specific Guide

ELIGIBILITY

- 1. Each competitor must meet all eligibility conditions as established by CurlManitoba.
- 2. Each competitor shall adhere to the CurlManitoba residency requirements.
- 3. All players must be members of a Manitoba Club, which is in good standing with CurlManitoba to compete in the Regional Qualifiers, Berth Bonspiels and Provincial Championships. (members of a club in the same sport region OR members of the same Winnipeg club)
- 4. All entries are the sole responsibility of the individual who entered the team. This person is the only person authorized to alter an entry, therefore maintaining the team's eligibility.
- All four or five competitors registered on a team must be members of the same CurlManitoba
 Winnipeg member club or members of any CurlManitoba rural member club within the same Sport
 Region (north, west, south or east).

Exceptions:

U18 & Junior: A team may be comprised of four players who wish to register through a school. They must all be registered students at the same school by October 1, 2025.

Senior Men & Senior Women and Master Men & Master Women All City of Winnipeg member clubs constitute one Sport Region for entry purposes.

Mixed: All players must be members of a member curling club in Manitoba.

- Athlete verification shall be as shown on the list of members of the club for the current season filed with CurlManitoba. All curling clubs are required to submit their member list NO LATER than December 15, 2025.
- 7. If a team is declared ineligible after securing a provincial berth, then the team cannot compete in the Provincial Championship by dropping the ineligible athlete(s). They are simply not eligible and the entire team will be replaced.
- 8. In the event a team who has earned a berth is not able to compete at a Provincial Championship, CurlManitoba will name an alternate team.

AGE REQUIREMENTS 2025-2026

U13 Under 13 12 years of age maximum on December 31, 2025,

born January 1, 2013 or later.

U15 Under 15 14 years of age maximum on December 31, 2025,

(MANITOBA GAMES) born January 1, 2011 or later.

U18 Under 18 17 years of age maximum on June 30, 2025,

born July 1, 2007 or later.

NOTE: 2026-27 Season Age Change:

Curlers under 18 years of age as of Dec 31, 2026

Date of birth Jan 1, 2009

U18 Mixed Doubles Born July 1, 2008 or later

(MANITOBA GAMES) Maximum 17 years of age on June 30, 2026

U18 Under 18 Born January 1, 2009 or later

(CANADA GAMES) Maximum 17 years of age as of December 31, 2026

U20 Under 20 born July 1, 2006 or later.

19 years of age maximum on June 30, 2026,

U21 Under 21 born July 1, 2005 or later

20 years of age maximum on June 30, 2026,

U21 Mixed Doubles Born July 1, 2005 or later

(CANADA GAMES) Maximum 20 years of age as of June 30, 2026

Seniors born June 30, 1976 or earlier

50 years of age or older as of June 30, 2026,

Master born December 31, 1965 or earlier

60 years of age or older as of December 31, 2025,

Club One player allowed born after June 30, 2007

U25 MEN/Women Teams must have a combined age of less than 100 years as

of June 30, 2025.

NOTE: One or more player(s) can be 25 or older

U25 Mixed Doubles Teams must have a combined age of less than 50 years as

Of June 30, 2025

NOTE: One player can be 25 or older

COACHING

Requirements 2025-2026

All coaches must have completed their certification requirements a minimum of 30 days prior to all events and Championships.

1. A coach may coach either one U18 men's or one U18 women's team and one junior men's or one junior women's team at the Provincial Championships in a given season.

Exception:

When Senior and Master Championships are combined, a player from one event may coach a team in the other event being played at the same time.

- 2. An assistant coach may be registered for all U18, Junior, Men and Women events leading up to and including the Provincial Championship.
 - The assistant coach must meet all of the coaching requirements.
 - The assistant coach will be allowed access to the team ONLY when the coach is absent for an entire game.
 - The coach and assistant coach are NOT interchangeable during any one game.
 - During the game coaches must observe from the dedicated coaching area in the ice area at all times. At U18 and Juniors events only the designated coach may be in the ice shed if space permits. Failure to do so will result in suspension of coaching rights for the game. Repeated violations will result in suspension for the remainder of the event.

All Categories

- 1. All coaches must be a minimum of 21 Years of Age as of December 31, 2025.
- 2. Competition Coach Certified is mandatory for any events leading up to and including Provincial Championship. (berth spiels, regionals, provincials)
- 3. Criminal Record check is mandatory for the Provincial Championships.
- 4. Child Abuse Registry Screening is mandatory for the Provincial Championships
- 5. Making Ethical Decisions On-Line Evaluation-Competition Stream is mandatory
- 6. Respect in Sport for Activity Leaders Certification is mandatory.
- 7. Understanding the Rule of Two eLearning Module
- 8. Screening disclosure form is required annually

NOTE

Competition Coach Certification includes the course, on ice evaluation and making ethical decision certification Coaches are required to obtain any of the following types of Background Checks: (required every 5 years)

Criminal Record Check (CRC)

Police Information Check (PIC)

Enhanced Police Information Check (E-PIC - Sterling)

Criminal Record and Judicial Matters Check (CRJMC - Triton)

Child Abuse Check is obtained by applying on line to the Child Abuse Registry

Making Ethical Decisions Certification is available as an elearning module on your NCCP record

Respect in Sport Certification is available through Coaching Manitoba (required every 5 years)

Understanding the Rule of two is available as an elearning module on your NCCP record

Screening disclosure form is attached

INTERACTIONS—U18 and Juniors

- 1. Coaching at the U18 and Junior levels is mandatory BUT when a coach is unable to be present due to extenuating circumstances the team will be allowed an assistant coach.
- 2. On ice Coaching rules can be found in Appendix A.

TIME OUTS

1. One 90-second coaching break is permitted in all games leading to a berth in a Provincial Championship.

Exceptions: No time outs at the Manitoba Open

U18, Juniors, Manitoba Games, Canada Games Trials on ice coaching

- 2. One 90-second time out per team is allowed in an extra end. Time outs not used during regulation play may not be carried over to extra ends.
- 3. The time out will commence when any member of the team calls the time out. The time out is complete at the end of 90 seconds **OR** once the coach/team calling the time out has finished communication. The coach/team that did not call the time out shall exit the playing surface.
- 4. Coaches must notify the Event Representative, Umpire or the Timer to call a time out and should endeavor to notify their opposing coach.
- 5. All time-outs including the 4th/5th end break will take place in the ice area.
- 6. Either a player or a coach may call a Time Out.
- 7. The coach/team that called the time out may access the playing surface with their coach; the coach must stay within two feet of the sideboards AND the backboards (at the playing end). If the coach wants to position themselves at the hog line they must be within 2 feet of the sideboard. The team that did not call the time out may ONLY communicate with their coach at the home end and shall not access the playing surface.
- 8. A coach may not enter the house at any time.
- 9. Only one person, either the coach or a fifth that meets the coaching requirements, may meet with the team during a timeout.
- 10. A coach and a fifth may both access the team during the 4th/5th end break.
- 11. The coach and any team member cannot be the same person.

FIFTH/REPLACEMENT PLAYERS

For all CurlManitoba events leading up to and including Provincial Championships:

- Teams qualifying for all Provincial Championships (including open entry championships) may identify a Fifth Player as a team member. Fifth Players must be identified prior to the start of an event leading up to a Championship and 7 days prior to the start of a Provincial Championship. The start of any Championship is the preevent practice or the pre-game practice if there is no pre-event practice.
- 2. The players on the ice must be four of the five players listed on the team entry/registration form. The registered Fifth Player may play any position in any game.
- 3. Fifth Players must maintain the eligibility of the team.
- 4. Fifth Players will not receive berth winner crests, keeper awards, or a complimentary banquet ticket.
- 5. Following a team's registration of four/five players for the Regional Qualifiers and Berth Bonspiels, and at any level, should a player be unable to play due to extenuating circumstances (injury, illness, employment, coaching at another sanctioned event, etc.) the team will continue with the remaining three/four players.

Exception: 4 Person Mixed Provincials – 4 (four) players required Mixed Doubles – 2 (two) players required

6. At 4 Person Mixed competitions, the rules apply to both the Fifth and/or Sixth Players.

REPLACEMENT PLAYERS

- 1. Upon moving to another level (i.e. regional qualifier moving to a Championship), a team may be permitted to replace a player, should a player be unable to play due to extenuating circumstances (i.e. injury, illness, employment, coaching at another sanctioned event, etc.). A replacement player becomes a permanent registered member of the team and may play any position. The replacement player must meet all eligibility rules of the competition and must have done so prior to the commencement of the competition in which the team qualified. The CurlManitoba office must be advised in writing of any replacement. A team with a replacement player must be comprised of at least 3 of the 4 (or 5) original players who competed when the team qualified for the Championship.
- 2. If a player leaves a team after earning a berth, the player may be replaced and the departing player can play with another team. The departing player may not return to the original team.

CURLING CANADA COMPETITIVE TEAM FEES

1. All teams must submit the Curling Canada current season's Competitive Team Fee plus GST to CurlManitoba for each category that a team competes in.

Categories:

Junior, Men, Women, Senior, Wheelchair	\$ 150.00/Team
U18	\$ 125.00/Team
Mixed	\$ 150.00/Team
Masters	\$ 60.00/Team
Curling Club	\$ 40.00/Team

2. A team winning a Provincial Berth through a non CurlManitoba Bonspiel with a Berth must pay the Curling Canada Competitive Team Fee immediately upon acceptance of the berth.

Competitive Team Fee is due for each category and must be paid prior to the entry deadline date of all CurlManitoba events.

NOTE:

All Competitive Team Fees MUST be paid on our website at www.curlmanitoba.org/competitions/curlmanitoba-fees

CurlManitoba Special Events

YOUTH JAMBOREE

The divisions and eligibility of the bonspiel will be:

- 1. U13 Open is a maximum of 12 years of age as of December 31, 2025, Born January 1, 2013 or later.
- 2. U15 Open is a maximum of 14 years of age as of December 31, 2025, Born January 1, 2011 or later.

Rules

- 1. Team composition is open and a team may consist of 4 males, 4 females or any combination of males and females
- 2. Coin Toss should occur prior to game time
- 3. The bell signals the start of the game. If a team is not present at the time of the bell the opposing team will be awarded 1 point
- 4. U13-All games will be 6 ends
- 5. U15-All games will be 8 ends
- 6. No tick rule is in effect as it is a general rule of curling
- 7. Front end must stay between the hog lines unless they are delivering
- 8. Skip is the only person behind the house, third can be behind the house for skip's stones
- 9. A mercy rule is in effect. After 4 ends the team and coaches may decide to concede, BUT play the required 6 ends
- 10. 1 hour and 50 minute bell, which indicates to finish the end and play one more
- 11. If a game is tied at the conclusion of its duration an extra end will be played
- 12. Be aware of pace of play all teams should be on the same end at the same time
- 13. Foul language is not allowed at any time
- 14. Stay on your own sheet at all times

Spares

- 1. Spares are allowed. Spares must register with the Event Representative prior to playing.
- 2. Spares must meet the age requirements.
- 3. Spares cannot have competed in any other division of the bonspiel.
- 4. Following the registration of their four players, should a player(s) be unable to play due to extenuating circumstances (injury, illness) the team will be permitted to use up to two eligible spares or have the option of continuing with the remaining three players. A spare is a temporary player who may play the position of the missing player or lower.
- 5. Three players are required to complete a game.

On Ice Coaching

- 1. Coaches will be allowed a maximum of 1 interaction per end-opposing coaches will also be allowed interaction with their respective team until the team who called the interaction has concluded same applies for extra ends
- 2. Interactions shall not exceed 30-45 seconds in length you will be reminded twice and then the third you will lose all interactions and exit the ice
- 3. Interactions can be called by the player in control of the house or the coach. If a player wants an interaction, they must signal a T with their hands when their team is in control of the house. If the coach is calling they can vocalize to the player in control of the house. If anyone signals for an interaction, the team must use an interaction.

- 4. Coaches are responsible for keeping track of and policing the number of interactions used by opposing
- 5. Coaches must only travel along the sidelines, and they must wear suitable footwear to be on the ice
- 6. There are no other time outs allowed
- 7. Coaches may only interact with their teams during an interaction
- 8. No hand gesture or talking except during an interaction

Coaches:

- 1. U13—may enter the playing area and assist their team
- 2. U15—Coaches of both teams must remain on the backboards to call and partake in any interactions

Coaching Requirements

- 1. Respect in Sport Certification is mandatory.
- 2. Prior to the start of competition teams may register a Coach/Adult supervisor.
- 3. Certification is not required. However, completion of Club Coach OR Competition Coach Trained is STRONGLY RECOMMENDED.

MANITOBA OPEN and MANITOBA HALFspiel General Rules

- 1. Items contained in the CurlManitoba Manitoba Open Rules will take precedence over the CurlManitoba General Rules found in the CurlManitoba Rules Supplement.
- 2. The Broom Moratorium is **NOT** in effect.
- 3. There will be no practice ice allotted.
- 4. All games will be 8 ends. The bell will ring at 1 hour and 45 minutes indicating that the end in progress shall be completed and one more shall be played. Unless specified, a game may be conceded at any time. In the event of a tie, the game is to proceed until a point is scored to decide the winner.
- 5. In all games where six ends or more have been played and play cannot be continued due to ice conditions and/or problems within the building, such as power failure, condensation falling etc, and subject to approval of the Umpire on duty at Headquarters, the game shall be considered a completed game. All games called prior to the completion of the sixth end shall be declared no contest and replayed. This rule shall not apply to games where two penalty points have been awarded and a game declared complete due to a team being late.
- 6. Should any emergency arise during the time of the bonspiel, CurlManitoba may change the CurlManitoba General Bonspiel Rules.
- 7. Curling teams and/or individual curlers may be disqualified from the competition for non-compliance with these bonspiel rules at the discretion of CurlManitoba and/or the Bonspiel Head Quarters representatives.
- 8. The top of the scoreboard is the team named first on the draw.

MANITOBA OPEN Specific

- 1. This is an open bonspiel; however, teams competing for Provincial Berths must also comply with all eligibility rules required to compete in the Bunge Championship. Any Member of a team that does not meet the eligibility rules shall be ineligible for provincial berths. An ineligible team member makes the whole team ineligible.
- 2. Two teams will win berths to the Bunge Championship through the Manitoba Open.
 - One berth to the Asham Event Winner if the team is eligible, if the team is not eligible the berth will go to the Finalist. If the Asham Event winner is awarded the berth there is 1 remaining berths for 3 teams.

- Asham Finalist
- O16 Winner
- Nott Autocorp Winner

These 3 teams will playoff for 1 berth if all 3 teams are eligible.

- If one of the teams, Asham finalist, Original 16 winner OR Nott Autocorp winner, are ineligible, a playoff will occur for the remaining berth between the two remaining teams.
- If two of the teams, Asham finalist, Original 16 winner and the Nott Autocorp winner, are ineligible one berth will be awarded to the remaining eligible team.

The playoff game(s) will be determined by CurlManitoba immediately and the teams will be contacted

- 3. No team member additions or substitutions will be permitted after the commencement of the bonspiel. (Roster changes will be accepted by the CurlManitoba Office until the official bonspiel start time 6:00PM Thursday.)
- 4. Spares will be allowed in the Manitoba Open bonspiel as long as they are not a registered member of another team. However, when teams reach the 16's of the three 'berth-qualifying' events (Asham, Free Press, Nott Autocorp) spares are **NO** longer allowed. Teams must play in the 16s and from that point forward (8s, 4s, 2s) in the bonspiel with registered team players and will sign a competitors' game card to verify eligibility.
- 5. Any team earning a berth must adhere to the Broom Moratorium during the Bunge Championship.
- 6. Format
- * 8 end games
- * 1 hour 45 minute bell
- * No pre-game practice
- * Coin toss for last stone
- * Stone colour pre-assigned

Bunge Berth Eligibility

- a) Spares will be allowed in the bonspiel, as long as they are not a registered member of another team in either the Open Bonspiel OR the HALFspiel.
- b) When teams reach the **16's** of the three 'berth-qualifying' events (Asham, Free Press, Nott Autocorp) spares are NO longer allowed.
- c) Teams must play in the 16s and from that point forward (8s, 4s, 2s) in the bonspiel with registered team players and will sign a competitors' game card to verify eligibility.
- d) Eligibility will be checked once teams have competed in the 16s and the cards have been sent to Headquarters.

MANITOBA HALFspiel Specific

- 1. Spares will be allowed in the HALFspiel
- 2. 64 Teams maximum
- 3. Format
- * 8 end games
- * 1 hour 45 minute bell
- * 4 events, 3 game guarantee
- * No pre-game practice
- * Coin toss for last stone
- * Stone colour pre-assigned

MANITOBA New Curlers One Day Fun Spiel Specific

- 1. Must be 18 years of age
- 2. 3 curlers less than 5 years experience, 1 player can be anyone
- 3. 16 Team maximum
- 4. Format * 4 e
 - * 4 end games
 - * 4 events
 - * 3 games guarantee
 - * Stone colour pre-assigned
 - * Coin toss for last stone

2026 MANITOBA GAMES

March 1-7, 2026

U15 (men/women gender specific) Born January 1, 2011 or later

Maximum 14 years of age on December 31, 2025

On ice Coaching (one interaction per end)

8 end games

Mixed Doubles U18 Born July 1, 2008 or later

Maximum 17 years of age on June 30, 2026

1-90 second time out

8 end games

2027 CANADA GAMES TRIALS

MEN'S AND WOMEN'S Born January 1, 2009 or later

Maximum 17 years of age as of December 31, 2026

MIXED DOUBLES Born July 1, 2005 or later

Maximum 20 years of age as of June 30, 2026

<u>Note:</u> Athletes that identify as men <u>are eligible</u> to compete in both the U-18 Men's and the U-21 Mixed Doubles events if they meet the eligibility criteria. Athletes that identify as women <u>are not eligible</u> to compete in both the U-18 Women's and the U-21 Mixed Doubles events because the competitions are occurring during the same week.

REGIONAL QUALIFIERS and BERTH BONSPIELS

- 1. Prior to the start of competition, every member of the team must meet all eligibility requirements. (Eligibility can be found in the CurlManitoba Rule Supplement)
- 2. All Regional Qualifiers with a minimum of four teams will use a semi-modified double knock out draw with a qualifying round based on the number of teams competing. CurlManitoba reserves the right to alter any draw format.
- 3. CurlManitoba will email ALL teams with notification of the draw and event rules.
- 4. The teams that have entered the event will seed all Regional Qualifiers and Berth Bonspiels. The teams will have approximately a 48 hour turnaround time to respond with their seeding. TEAMS WILL NOT SEED THEMSELVES.
- 5. If less than 25% of teams participate in the self-seeding process, teams will be placed in the draw using a random generator program.

- 6. Thirty minutes prior to a team's first game in any CurlManitoba Regional Qualifiers and/or Berth Bonspiels, the team MUST submit a completed and signed line up card and give it to the designated person. The penalty for not submitting the card is loss of last stone in the first game the team has earned the last stone. Failure may also result in making a team ineligible. During any competition, an additional line up card will be required only when there is a player or position line up change.
- 7. Pre-game practice ice shall be provided during all Regional Qualifiers and all Berth Bonspiels. Each team will have a 5-minute practice on the sheet they will play on. In all Regional Qualifiers and Berth Bonspiel games, a coin toss will occur for second practice/color. A last stone draw will occur to determine hammer.
- 8. A named Fifth Player may participate in the pre-game practice.
- 9. The team with first practice will throw the clockwise turn for the last stone draw. The team with second practice will throw the counter-clockwise turn for the last stone draw.
- 10. The last stone will be determined by a draw to the house by one player at the completion of the team's practice. If a player covers the pin or misses the rings another player will throw a second stone. Only four athletes are allowed on the ice during the draw for the last stone. Coaches may remain on the backboards but may not speak to their team.
- 11. First practice will begin 20 minutes prior to game time. A bell will ring to signify the beginning and conclusion of each practice session allowing for the second practice team to access the ice. The bell should ring as follows:

Coin Toss		30 minutes prior to game time
1st team access the		20 minutes prior to game time
ice	End of 1 st practice	15 minutes prior to game time
	1st team last stone draw	Clockwise
2 nd team access the		10 minutes prior to game time
ice	End of 2 nd practice	5 minutes prior to game time
	2 nd team last stone draw	counter clockwise
	Bell to start the game	0 minutes prior to game time

- 12. At any Regional Qualifier and Berth Bonspiel with more than one berth being allocated, the bonspiel will be declared complete once the berths are declared.
- 13. All Men and Women's Regional Qualifier and Berth Bonspiel games will be 10 end games. A bell will ring at 2 hour, 15-minutes indicating the end in progress shall be completed, and one more shall be played.
- 13. All Senior and Curling Club Regional Qualifier games will be 8 ends. A bell will ring at 1 hour and 50 minutes indicating that the end in progress shall be completed and one more shall be played.
 - All Master Regional Qualifier games will be 8 ends. A bell will ring at 2 hours indicating the final end of the game is in progress.
- 14. Unless specified, a game may be conceded at any time. In the event of a tie at the conclusion of play, play shall be continued without changing the rotation of play (end the stones are thrown to) for each additional end or ends as may be required to decide the winning team.
- 15. The A side winner in an A/B final will have choice of colour. Teams will play with stones as assigned. No stones may be moved or changed.

16. Commercial advertising may be worn on the participants' apparel during Berth Bonspiels and Regional Qualifiers provided it is deemed to be in good taste.

Regional Qualifier Specific

 To the extent practical (as defined below), teams will be expected to defeat at least one other team to qualify as a Sport Region Representative in the respective Provincial Championship. Pairing Sport Regions will be done in such a manner that no team will be able to advance to a Provincial Championship without playing a game. To accomplish this, each Sport Region will be 'paired' with a neighboring Sport Region.

CurlManitoba Sport Region pairs for all championships but the RME Women of the Rings Championship presented by Case IH will be:

- West 1 and West 2
- South 1 and South 2
- East and Winnipeg
- North will NOT be required to pair (due to geographical locations)
- 2. Region make-up is the sole responsibility of CurlManitoba.
- 3. CurlManitoba will be responsible for coordinating the Regional Qualifiers in the case of one entry Sport Regions OR for the transfer of any Regional Berths.
 - If in the case of one entry each in the paired Regionals, one Berth will be awarded and the other Berth will go to the Floating Berth Pool.
 - If the Winnipeg Regional entries fall below 3, the number of Regional Berths in the initial allocation will be reduced to one. The remaining berth will go to the Floating Berth Pool.
 - If there are not any entries in a Sport Region, the Berth will go to the Floating Berth Pool.
- 4. The Floating Berth Pool will be allocated on an individual basis to the Sport Region with the highest participation ratio.
- 5. The CurlManitoba Regional Qualifiers will be held on the specified dates throughout Manitoba. The dates are published on the Calendar of Events on the CurlManitoba Website.

Berth Bonspiel Specific

If a Berth Bonspiel with 2 Berths allotted (Men and Women) has 8 teams or more, the event will award 2 Berths. If the Berth Bonspiel has 4-7 teams, the event will award 1 berth and the other berth will revert to the Regional Qualifier pool. If the Berth Bonspiel has less than 4 teams the event will be cancelled, and the berths will revert to the Regional Qualifier pool.

Bonspiel with a Berth Specific

Any team can enter a bonspiel with a berth BUT the winning team must meet all eligibility requirements and pay the berth acceptance fee and Competitive Team Fee.

CHAMPIONSHIP BERTH ALLOCATION

U18 OPEN ENTRY CHAMPIONSHIP Gender Specific (Male) and Gender Specific (Female)

Teams competing for the Manitoba U18 Provincial Championship shall enter an open entry championship.

JUNIOR OPEN ENTRY CHAMPIONSHIP Gender Specific (Male) and Gender Specific (Female)

Teams competing for the Manitoba Junior Provincial Championship shall enter an open entry championship.

MANITOBA GAMES U15 CHAMPIONSHIP Gender Specific (Male) and Gender Specific (Female)

One team from each region will be competing at the Manitoba Games Championship. Two teams will be represented from the Winnipeg Region.

MANITOBA GAMES U18 MIXED DOUBLES CHAMPIONSHIP

One team from each North, East, South 1, South 2, West 1, West 2 and 4 teams from the Winnipeg region will be competing at the Manitoba Games Championship.

12 TEAM RME Women of the Rings Presented by Case IH Gender Specific (Female)

D 11 4 4	
Berth 1 – 4	Four Berths awarded to the winning team for each of the four Sport Region Qualifiers:
	Note: North (1), West (1), South (1), East and Winnipeg combined (1)
Berth 5	One berths awarded to the sport region with the highest participation ratio per
	sport region
Berth 6 - 7	Two Berth awarded to the RME Berth Bonspiel (note if 8 teams, less than 8
	teams 1 berth will revert to the Regional qualifiers)
Berth 8	One Berth awarded to the top Manitoba team on the Canadian Team Ranking
	System (CTRS) at the conclusion of the 2024-2025 season subject to the
	following terms:
	1) following Curling Canada naming the wild card teams, and
	2) the team comprises of at least 3 of the 4 or 5 members of the previous year's CTRS registered team, and
	3) the team must declare in writing by September 30, 2025 their intention to
	utilize this entry into the Provincial Championship, and
	4) in order to remain eligible for the CTRS Berth, all 4 or 5 players must meet
	the eligibility requirements in the year of the Championship, and
Berth 9	One Berth awarded to the top Manitoba team on the 2025-2026 Canadian Team
	Ranking System (CTRS) as of November 25, 2025 subject to the following
	terms:
	1) in order to remain eligible for the CTRS berth, the team comprises of at least
	3 of the 4 or 5 members of the current year's CTRS registered team, and
	2) The team must declare in writing by November 28th, 2025 their intention to
- · · · · · · · · · · · · · · · · · · ·	utilize the berth.
Berth 10 – 11	season to be distributed by the MCT executive subject to:
	1) the MCT meeting the agreement requirements, and 2) in order to remain eligible for the MCT Berths, all 4 or 5 players must meet
	the eligibility requirements in the year of the Championship.
Berth 12	One Berth awarded to the <u>Provincial Champion</u> from the previous season if: 1) the team comprises of 3 of the 4 members of the previous year's provincial winning team, and
	2) the team declares in writing by September 30, 2025 their intention of utilizing the Berth, and
	3) the team, all 4 or 5 players, meets the eligibility requirements for the year of the current RME Women of the Rings Championship Presented by Case IH. NOTE: The berth reverts to the CTRS 2025-2026 Points as per Berth #9
	requirements IF the team is ineligible.

24 TEAM BUNGE CHAMPIONSHIP Gender Specific (Male)

Berth 1 – 8	Eight Berths awarded to the winning team for each of the five Sport Region
	Qualifiers:
	North (1), East (1), West (2), South (2), Winnipeg (2)
	NOTE: West divided into West 1 and West 2.
	South divided into South 1 and South 2.
	Winnipeg will have one Regional with 2 Berths.
Berth 9 – 14	Six Berths awarded to the Sport Region(s) with the highest participation ratio.
Berth 15 - 16	Two Berths awarded to the Bunge Berth Bonspiel. (unless less than 8 teams
	then 1 berth reverts to the regional qualifiers)
Berth 17	One Berth awarded to the Brandon Men's Bonspiel with a Berth.
Berth 18	One Berth awarded to the top Manitoba teams on the 2025-2026 Canadian
	Team Ranking System (CTRS) as of November 25, 2025 subject to the following
	terms:
	1) in order to remain eligible for the CTRS berth, the team comprises of at least
	3 of the 4 or 5 members of the current year's CTRS registered team, and
	2) The team must declare in writing by November 28th, 2025 their intention to
	utilize the berth.
Berth 19-21	Three Berths awarded to the Manitoba Curling Tour (MCT) during the 2025-
	2026 season to be distributed by the MCT executive subject to:
	1) the MCT meeting the agreement requirements, and2) in order to remain eligible for the MCT Berths, all 4 or 5 players must meet
	the eligibility requirements in the year of the Championship.
Berth 22	One Berth awarded to the Men's Provincial Champion from the previous season
	if:
	1) the team comprises of 3 of the 4 members of the previous year's provincial winning team, and
	2) the team declares in writing by September 30, 2025 their intention of
	utilizing the Berth, and
	3) the team, all 4 or 5 players, meets the eligibility requirements for the year of
	the current Bunge Championship.
	NOTE: The berth reverts to the CTRS 2025-2026 points as per berths #18
	requirements IF the team is ineligible.
Berth 23-24	Two berths awarded to the Manitoba Open.

SENIOR WOMEN OPEN CHAMPIONSHIP Gender Specific (Female)

Teams competing for the Manitoba Senior Women's Provincial Championship shall enter an open entry championship.

16 TEAM SENIOR MEN CHAMPIONSHIP Gender Specific (Male)

Berth 1 - 8	Eight Berths awarded to the winning team for each of the five Sport Region Qualifiers: North (1), East (1), West (2), South (2), Winnipeg (2)
	NOTE: West divided into West 1 and West 2. South divided into South 1 and South 2.
	Winnipeg will have one regional with 2 Berths.
Berth 9 – 13	Five Berths awarded to the Sport Region(s) with the highest participation ratio.
Berth 14	One Berth awarded to the winning or highest finishing eligible team of the Granite Curling Club Senior Men's Bonspiel with a Berth.
Berth 15	One Berth awarded to the winning or highest finishing eligible team of the Brandon Curling Club Neil Andrews Senior Men's Bonspiel with a Berth.
Berth 16	One Berth awarded to the Strathcona Trust Senior Men's Provincial Champion from the previous season if: 1) the team comprises of 3 of the 4 members of the previous year's provincial winning team, and 2) the team declares in writing by September 30, 2025 their intention of utilizing the berth, and 3) the team, all 4 or 5 players, meets the eligibility requirements for the year of the current Strathcona Trust Senior Men's Championship.
	NOTE: The berth reverts to the floating berth allocation IF the team is ineligible.

MASTER WOMEN OPEN CHAMPIONSHIP Gender Specific (Female)

Teams competing for the Manitoba Master Women's Provincial Championship shall enter an open entry bonspiel.

16 TEAM MASTER MEN CHAMPIONSHIP Gender Specific (Male)

Berth 1 - 8	Eight Berths awarded to the winning team for each of the five Sport Region Qualifiers:
	North (1), East (1), West (2), South (2), Winnipeg (2)
	NOTE: West divided into West 1 and West 2.
	South divided into South 1 and South 2.
	Winnipeg will have one regional with 2.
Berth 9 – 13	Five Berths awarded to the Sport Region(s) with the highest participation
	ratio.
Berth 14	One Berth awarded to the winning or highest finishing eligible team of the
	Brandon Master Men's Bonspiel with a Berth.
Berth 15	One berth awarded to the highest finishing eligible team of the Picken
	Open Master Men's & Women's bonspiel with a berth.
Berth 16	One Berth awarded to the Manitoba Credit Unions Men's Provincial
	Champion from the previous season if:
	1) the team comprises of 3 of the 4 members of the previous year's
	provincial winning team, and
	2) the team declares in writing by September 30, 2025 their intention of
	utilizing the berth, and
	3) the team, all 4 or 5 players, meets the eligibility requirements for the
	year of the current Manitoba Credit Unions Men's Championship.
	NOTE: The berth reverts to the floating berth allocation IF the team is ineligible.

12 TEAM CURLING CLUB CHAMPIONSHIP Gender Specific (Male) and Gender Specific (Female)

Berth 1 – 8	Eight Berths awarded to the winning team for each of the five Sport Region Qualifiers:
	North (1), East (1), West (2), South (2), Winnipeg (2)
	NOTE: West divided into West 1 and West 2.
	South divided into South 1 and South 2.
	Winnipeg will have one Regional with 2 Berths.
Berth	Three Berths awarded to the Sport Region(s) with the highest participation
9 – 11	ratio.
Berth	One Berth to be awarded to the Host Club of the Curling Club
12	Championship.
	The teams must meet all eligibility requirements of the Championship.

4 PERSON MIXED OPEN CHAMPIONSHIP Alternating Male & Female

Teams competing for the Manitoba Mixed Provincial Championship shall enter an open entry bonspiel.

MIXED DOUBLES OPEN CHAMPIONSHIP

Teams competing for the Manitoba Mixed Doubles Provincial Championship shall enter an open entry bonspiel.

U20 MIXED DOUBLES OPEN CHAMPIONSHIP

Teams competing for the Manitoba U20 Mixed Doubles Provincial Championship shall enter an open entry bonspiel.

CurlManitoba Member Clubs

The following Sport Region Clubs are in effect for the 2025-2026 season

Virden

Waskada

North Sport Region

Burntwood Flin Flon Gillam Snow Lake The Pas

West Sport Region

WEST 1 WEST 2 Dauphin Boissevain Gilbert Plains Brandon Gladstone Brookdale (CM) Grandview Carberry Hamiota Deloraine Lansdowne/Arden Glenboro Miniota Glenora (CM) Killarney Minnedosa Neepawa Melita Newdale Rivers Rorketon Riverview Shoal Lake Souris

South Sport Region

Swan River

Wawanesa

Winnipegosis

SOUTH 1 SOUTH 2 Baldur Altona Carman La Salle Cartwright Lorette Clearwater Morris Holland St Adolphe Ste. Anne Manitou Miami Steinbach

Morden Pilot Mound

Portage la Prairie

Roland

St. Leon (CM) Swan Lake Treherne Whiteshell Winkler

East Sport Region

Arborg

Balmoral

Beausejour

Eriksdale

Fisher Branch

Gimli

Lac du Bonnet

Moosehorn (CM)

Petersfield

Pinawa

Riverton

Selkirk

Springfield

Stonewall

Teulon

Warren

Winnipeg Beach

Winnipeg Sport Region

Assiniboine Memorial

Charleswood

Deer Lodge

East St. Paul

Elmwood

Fort Garry

Fort Rouge

Granite

Heather

Pembina

St. Vital

West St. Paul

APPENDIX A

ON ICE COACHING

U18 TIMED EVENT--ON ICE COACHING RULES 2025-2026

34 minutes thinking time
5 minutes extra end
60 seconds between ends (45 seconds for interaction, 15 seconds travel time to
be seated prior to delivery of first stone)

5 minute 4th end break

- 1. U18 coaches will be allowed a maximum of one (1) interaction per end.
- 2. Teams will be given one (1) coach interaction per extra end.
- 3. Unused interactions cannot be carried over.
- 4. During a Coach Interaction, opposing coaches will also be allowed to interact with their respective team until the team that called the interaction has concluded their communication. Coach Interactions may last between 5-60 seconds, but not longer. If a team uses less than that amount of time, the opposition team's opportunity to communicate ends as well.
- 5. During a Coach Interaction, coaches may meet with their team either on the backboard or behind the backline within 2 feet of the sideboards when on the ice. The team calling the interaction gets priority of the position of where they want to meet.
- 6. Interactions can be called by anyone on the team in control of the house or their coach. If the coach or a player wants an interaction, they must signal a T with their hands when their team is in control of the house. If anyone signals for an interaction, the team must use an interaction.
- 7. Coaches are responsible for keeping track and policing the number of interactions used. Disagreements will be brought forth to the Chief Umpire.
- 8. Time clocks will run during interactions as normal thinking time.
- 9. Time between ends is 60 seconds. Coaches will be allowed up to forty-five (45) seconds of talking time with their team between ends. Coaches may meet with their team either on the backboard or on the sideline between the hog lines. Coaches will have 15 seconds of travel time to be seated before the first stone of the end is delivered.
- 10. Coaches will also have five (5) minutes to meet with their teams at the halfway point of the game. This will occur at the 4th end break for 8 end game.
- 11. Coaches will use the assigned seating on the backboards during the games with their chairs positioned on the same side as their team's rocks. Between ends, coaches can travel to either end respectful of games on adjacent sheets. Coaches must only travel along the sidelines, and they must wear suitable footwear to be on the ice.
- 12. A single interaction will officially end after the coach and curlers stop talking and the coach returns and is sitting on their designated seat behind the sheet.
- 13. If there is an alternate player, they can sit with the coach at both ends if space permits. The alternate can take part in the team talking time between ends and during the mid-game break. The alternate cannot take part in the interactions during an end. The alternate must be dressed in the team attire.
- 14. There will be absolutely no talking or body language by the coach and alternate to their team unless during an interaction, opposition interaction, or between ends. Body language includes hand, body gestures, signaling or any other form of communication. Penalties to coaches include:

First Offense - verbal and written warning.

Second Offense - coach will sit inside with no interactions or communication for the remainder of the current game (if before mid-game break) or the entire next game (if after mid game

break). If the coach repeats the infraction again, they will be removed from play and will sit in the spectator seating for the remainder of the event.

15. Coaches are allowed to use their phone or tablet to record game statistics, write down notes or take photos of game scenarios, but they are not permitted to use those devices or smart watches for communication purposes.

First Offense - verbal and written warning.

Second Offense - coach will sit inside with no interactions or communication for the remainder of the current game (if before mid-game break) or the entire next game (if after mid game break). If the coach repeats the infraction again, they will be removed from play and will sit in the spectator seating for the remainder of the event.

JUNIOR TIMED EVENT--ON ICE COACHING RULES 2025-2026

8 end games

5 minute 4th end break

34 minutes thinking time
5 minutes extra end
60 seconds between ends (45 seconds for interaction, 15 seconds travel time to
be seated prior to delivery of first stone)

- 16. U21 coaches will be allowed a maximum of two (2) interactions in the first half of the game and a maximum of two (2) interactions in the second half of the game. These coach interactions can occur in the same end or in different ends.
- 17. Teams will be given one (1) coach interaction per extra end.
- 18. Unused interactions cannot be carried over.
- 19. During a Coach Interaction, opposing coaches will also be allowed to interact with their respective team until the team that called the interaction has concluded their communication. Coach Interactions may last between 5-60 seconds, but not longer. If a team uses less than that amount of time, the opposition team's opportunity to communicate ends as well.
- 20. During a Coach Interaction, coaches may meet with their team either on the backboard or behind the backline within 2 feet of the sideboards when on the ice. The team calling the interaction gets priority of the position of where they want to meet.
- 21. Interactions can be called by anyone on the team in control of the house or their coach. If the coach or a player wants an interaction, they must signal a T with their hands when their team is in control of the house. If anyone signals for an interaction, the team must use an interaction.
- 22. Coaches are responsible for keeping track and policing the number of interactions used. Disagreements will be brought forth to the Chief Umpire.
- 23. Time clocks will run during interactions as normal thinking time.
- 24. Time between ends is 60 seconds. Coaches will be allowed up to forty-five (45) seconds of talking time with their team between ends. Coaches may meet with their team either on the backboard or on the sideline between the hog lines. Coaches will have 15 seconds of travel time to be seated before the first stone of the end is delivered.
- 25. Coaches will also have five (5) minutes to meet with their teams at the halfway point of the game. This will occur at the 5th end break for 8 end games.
- 26. Coaches will use the assigned seating on the backboards during the games with their chairs positioned on the same side as their team's rocks. Between ends, coaches can travel to either end respectful of games on adjacent sheets. Coaches must only travel along the sidelines, and they must wear suitable footwear to be on the ice.

- 27. A single interaction will officially end after the coach and curlers stop talking and the coach returns and is sitting on their designated seat behind the sheet.
- 28. If there is an alternate player, they can sit with the coach at both ends if space permits. The alternate can take part in the team talking time between ends and during the mid-game break. The alternate cannot take part in the interactions during an end. The alternate must be dressed in team attire.
- 29. There will be absolutely no talking or body language by the coach and alternate to their team unless during an interaction, opposition interaction, or between ends. Body language includes hand, body gestures, signaling or any other form of communication. Penalties to coaches include:

First Offense - verbal and written warning.

Second Offense - coach will sit inside with no interactions or communication for the remainder of the current game (if before mid-game break) or the entire next game (if after mid game break). If the coach repeats the infraction again, they will be removed from play and will sit in the spectator seating for the remainder of the event.

30. Coaches are allowed to use their phone or tablet to record game statistics, write down notes or take photos of game scenarios, but they are not permitted to use those devices or smart watches for communication purposes.

First Offense - verbal and written warning.

Second Offense - coach will sit inside with no interactions or communication for the remainder of the current game (if before mid-game break) or the entire next game (if after mid game break). If the coach repeats the infraction again, they will be removed from play and will sit in the spectator seating for the remainder of the event.