

ON ICE COACHING RULES 2026-2027

1. Interactions are 5-60 seconds in length (including travel time)
2. One interaction per end
3. One interaction per extra end
4. Unused interactions cannot be carried over
5. The coach of both teams must remain either on the backboard or behind the backline within 2 feet of the boards. No hand gestures or talking except during an interaction. No entering the house allowed, (Diagram below)
 - Penalties: First offense -verbal or written warning
 - Second offense -coach will sit inside with no interactions or communications for the remainder of the current game (prior to mid-game) or the entire next game (after mid-game)
 - Third Offense -the coach will be removed from play and will sit in the spectator seating for the remainder of the event.
6. During a Coach Interaction, opposing coaches will also be allowed to interact with their respective team until the team that called the interaction has concluded their communication. Coach Interactions may last between 5-60 seconds, but not longer. If a team uses less than that amount of time, the opposition team's opportunity to communicate ends as well.
7. Interactions can be called by anyone on the team in control of the house or their coach. If the coach or a player wants an interaction, they must signal a T with their hands when their team is in control of the house. If anyone signals for an interaction, the team must use an interaction.
8. There are no interactions or team communication between ends.
9. Coaches are responsible for keeping track and policing the number of interactions used.
10. Coaches must only travel along the sidelines within 2 feet of boards, and they must wear suitable footwear.
11. **While a game is in progress, the coach (and alternate player) may communicate with their team from their position in the coach bench area. This only applies when a team is the non-delivering team.**

Yelling is not allowed. The non-delivering team must not distract the delivering team and must be aware of their player positions.

The position of the members of the non delivering team:

 - a) Only the skip or vice-skip, and one other player may be positioned inside the hog line at the playing end. They shall position themselves behind the back line when the delivering team is in the process of delivery. Both players shall be motionless with their brooms positioned in a manner not to interfere with or distract the attention of the player who is in the process of delivery.
 - b) The player who is next to deliver may take a stationary position to the side of the sheet behind the hacks at the delivery end. The player shall remain silent and motionless when the delivering team player is in the process of delivery.
 - c) The players not taking positions a) or b) shall position themselves between the hog lines and to the extreme sides of the sheet when the delivering

- team's time clock is running. The players positioned in this area shall remain in single file when the delivering team player is in the process of delivery.
- d) The non-delivering team members shall not take any position or cause such motion that would obstruct, interfere with, or distract any member of the delivering team.

